



**Engage** your body & mind  
Build better **balance & agility**  
Have **fun!**

Tuesday, April 30  
3:00-4:00 p.m.

Dance & Movement Room

**If you've ever  
wanted to try  
dancing,  
here's your  
chance to see  
that everyone  
is  
Born  
To  
Dance**



Seniors! Join us for  
a special preview  
of a one week  
dance class that  
may be offered in  
August, as a part of  
the International  
Dance Festival -  
Silicon Valley.

Please wear  
workout clothes  
and sign up at the  
Senior Center.

For more info call  
(650) 903-6330.

